

**Paunicka Chiropractic Clinic**  
**Confidential Health History**

Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Sex: M or F

Soc Sec #: \_\_\_\_\_

Marital Status: M S W D

Employer: \_\_\_\_\_

Work Location: \_\_\_\_\_

Occupation: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Please describe your health problem: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List any other doctors seen for this problem: \_\_\_\_\_

\_\_\_\_\_

List any diagnosis and/or treatments: \_\_\_\_\_

\_\_\_\_\_

List any health/medical diseases and year or occurrence/diagnosis: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you been treated for any health condition in the past year?: \_\_\_\_\_

\_\_\_\_\_

Have you received chiropractic treatment previously? If yes, explain: \_\_\_\_\_

\_\_\_\_\_

We greatly appreciate referrals to our office. So we may thank them, who referred you to our office or how did you hear of our office?: \_\_\_\_\_

Please check the condition(s) you are now having and those you frequently have.

**MUSCULO-SKELETAL SYSTEM**

- ☐ Low back problems
- ☐ Pain between shoulders
- ☐ Neck problems
- ☐ Arm problems
- ☐ Leg problems
- ☐ Swollen joints
- ☐ Painful joints
- ☐ Stiff joints
- ☐ Sore muscles
- ☐ Weak muscles
- ☐ Walking problems
- ☐ Ruptures
- ☐ Broken Bones

**GENITO-URINARY SYSTEM**

- ☐ Bladder trouble
- ☐ Excessive urine
- ☐ Scenty urination
- ☐ Painful urination
- ☐ Discolored urine

**FEMALE**

- ☐ Vaginal discharge
- ☐ Vaginal bleeding
- ☐ Vaginal pain
- ☐ Breast pain
- ☐ Lumps on breast

**ARE YOU PREGNANT**

- ☐ Yes ☐ No

**GASTRO-INTESTINAL SYSTEM**

- ☐ Poor Appetite
- ☐ Excessive hunger
- ☐ Difficulty chewing
- ☐ Difficulty swallowing
- ☐ Excessive thirst
- ☐ Nausea
- ☐ Vomiting food
- ☐ Vomiting blood
- ☐ Abdominal pain
- ☐ Diarrhea
- ☐ Constipation
- ☐ Black stool
- ☐ Bloody stool
- ☐ Hemorrhoids
- ☐ Liver trouble
- ☐ Gall bladder problems
- ☐ Weight trouble

**NERVOUS SYSTEM**

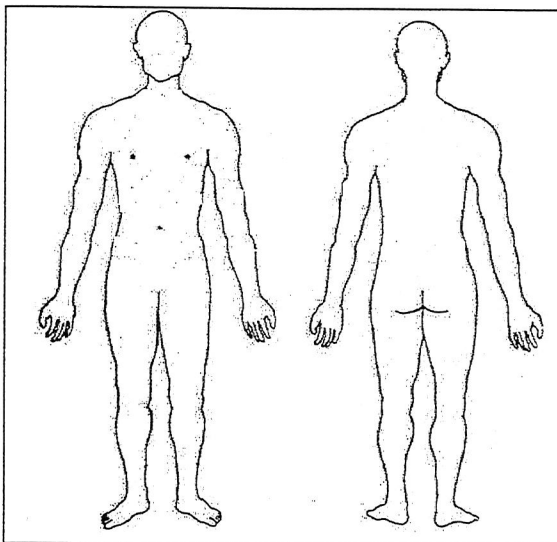
- ☐ Numbness
- ☐ Loss of feeling
- ☐ Paralysis
- ☐ Dizziness
- ☐ Fainting
- ☐ Headaches
- ☐ Muscle jerking
- ☐ Convulsions
- ☐ Forgetfulness
- ☐ Confusion
- ☐ Depression

**CARDIOVASCULAR-RESPIATORY**

- ☐ Chest pain
- ☐ Pain over heart
- ☐ Difficulty breathing
- ☐ Persistent cough
- ☐ Coughing phlegm
- ☐ Coughing blood
- ☐ Rapid heartbeat
- ☐ Blood pressure problems
- ☐ Heart problems
- ☐ Lung problems
- ☐ Varicose veins

**EYE, EAR, NOSE AND THROAT**

- ☐ Eye strain
- ☐ Eye inflammation
- ☐ Vision problems
- ☐ Ear pain
- ☐ Ear noises
- ☐ Hearing loss
- ☐ Ear discharge
- ☐ Nose pain
- ☐ Nose bleeding
- ☐ Nose discharge
- ☐ Difficulty breathing through nose
- ☐ Sore gums
- ☐ Dental problems
- ☐ Sore mouth
- ☐ Sore throat
- ☐ Hoarseness
- ☐ Difficulty with speech



Please mark your areas of pain on the figures to left.

**In case of emergency, please notify:**

Name:

Address:

Phone:

Signature: \_\_\_\_\_

## Paunicka Chiropractic Clinic

In accordance with the Patient Affordable Care Act of 2010, we are updating our records.

Thank you for your cooperation.

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Address \_\_\_\_\_ Cell Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Sex M or F

Occupation \_\_\_\_\_ Date of Birth \_\_\_\_\_

Employer \_\_\_\_\_ Right handed or Left handed (circle)

Family History	Diseases in the Family? (Arthritis, Heart Disease, Cancer, Diabetes, Multiple Sclerosis?)	Living or deceased?
Mother		
Father		
Brothers		
Sisters		
Grandmother(s)		
Grandfather(s)		

Please list ALL surgeries	Year of Surgery

Please any allergies to food, medication and other factors

Smoking Status:

Please check one:

\_\_\_\_ Never a smoker

\_\_\_\_ Current every day smoker \_\_\_\_\_ packs per day

\_\_\_\_ Current periodic smoker. How often \_\_\_\_\_

\_\_\_\_ Former Smoker. Quit in \_\_\_\_\_ year.

How many Children do you have? \_\_\_\_\_

Do you drink alcohol? \_\_\_\_\_ drinks per day/month (please circle)

Caffeine? How often? \_\_\_\_\_ How much? \_\_\_\_\_

What kind of caffeine (circle)? Coffee Soda Tea

Current Medications	Dosage

Signature \_\_\_\_\_

Date \_\_\_\_\_